

A walking tour of "Little Italy" in Boston's North End, part one

By Lee Daley © 2015

If you have a passion for the food and wine of Italy, a walking tour of: Boston's "Little Italy" will allow you to experience the authentic tastes and tantalizing aromas of one of the oldest Italian communities in America.

Called the "[North End Market Tour](#)," a three-hour guided walk covers an area of Boston that is actually only one square mile. Like a little village in Italy, this vibrant neighborhood of narrow streets and pocket parks has its own butcher and baker

Tastings: At nearly every stop on the tour, tasty bites accompany the venue's description. At a deli stop, known as a *salumeria*, you might taste a variety of olives, balsamic vinegars and, of course, prosciuttos



Photo C. Lee Daley



Photo by John Sundsmo

At **Maria's Pastry Shop**, you'll munch on the neighborhood's best biscotti, amaretti, cannoli and other confections. An hour into the tour, you might savor the scents of a 70-year-old coffee and spice shop and then wander with your guide into an Old World candy store

The [North End Market Tour](#) reflects its founder's passion for all things Italian. Trained as a professional chef, Michelle Topor, is a 38-year resident of Boston's North End. She designed the tour to introduce cooking class participants to her neighborhood with its sources for authentic Italian ingredients

For more about Boston's North End restaurants, lodging and history, **watch for part two.**

For more information about Boston, contact the Greater Boston Convention and Visitors Bureau. Visit their website: www.BostonUSA.com for great deals, discounts for families and tips for visitors.

Quote: "You better cut the pizza in four pieces because I'm not hungry enough to eat six." Yogi Berra.



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